MALEM ENURESIS ALARMS

1. Make sure the batteries are in the correct way.
2. Then reinsure that the sensor is positively connected to the alarm to prevent accidental disconnection.
3. Setting the sounds:

    a) There is a choice of sound/s only, sound/s and vibration or vibration only. On the right hand side of the machine there is lever which you adjust by moving from right to left according to your selection.

    b) There are 8 different sounds the machine can make:

- Inside the battery compartment there are 8 very small switches. When opening the battery compartment you will find a stick which you use to switch the sounds ON or OFF. The sounds you choose is the sound the alarm will ring. You can have more than one sound selected thus combining a different sound.

- On the top of the machine you will see a lever which gives you the option of No.1 or No 8. When the lever is on No.1 the machine will make the sound which you have selected within the battery compartment. When the lever is No.8 you must switch the No.1 sound within the battery compartment on. This sets the machine to make any of the 8 sounds rather than a particular sound which you have chosen.

4. Lift the sensor clip lever (the yellow clip), attach to the outside fitting underwear, (at the location most likely to get wet first), by inserting material inside the **sensor jaws** at the front and closing the lever. **Do not place any material under the clip.**

5. Upon waking up to the alarm, try and stop more urine from being released from the bladder. Remove the sensor from the fabric and keep the lever open (yellow clip). Do **NOT** unplug the cable from the body of the alarm. Stop the sound or vibration by pressing the small reset button (on the right hand side of the machine), use the lavatory to completely empty the bladder, then clip to a dry pair of pants as before and close the lever.
   Always test alarm wetting sensor or closing the easy clip lever before use. Parental help in waking up children when the alarm sounds is reassuring and helpful especially during the first

<u>Important:</u>

- **Rapid wakening on hearing the alarm is vital for success. Most children including non-bedwetters tend to sleep soundly and heavily at home. Better results are obtained if Parents/Guardians help to wake up sufficiently to be able to recall event in the morning.**
- Always praise the user for a dry night; never scold or chastise for a wet night. Encouragement is the key to success. You cannot help a child who does not want to help him or herself. Try and find out why they do not want to be helped, it could be some other problem.

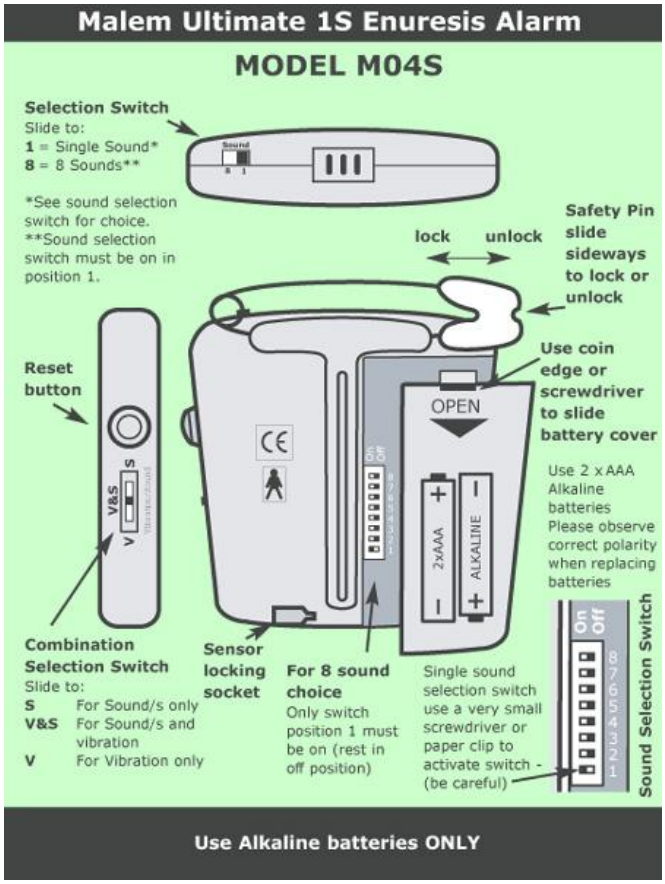
- To avoid relapse use the alarm for a minimum of two weeks after dryness has been achieved. At the same time, increase fluid intake before sleep to achieve over learning and avoid possibility of relapsing at a later stage. Avoid fizzy drinks, tea, coffee and milk in the beginning.

Hints

- **The rest button will stop the alarm from sounding only if the lever (yellow clip) is lifted open and REMOVED from the underwear.**
- There is no on/off switch that could allow the alarm to be switched off and ignored. Current drain on the batteries is minute except when the alarm is sounding.
- The sensor is positively locked to the alarm to prevent accidental disconnection. However, the sensor can be unlocked and detached for cleaning or replacement. **Do not unplug the sensor during normal alarm use.**

CLEANING

REGULARLY CLEAN the sensor in soapy water, rinse and shake to prevent "fluff" and urine accumulation inside the jaws. Dry before use.


Malem Ultimate 1S Enuresis Alarm
MODEL M04S
Selection Switch
Slide to:
1 = Single Sound*
8 = 8 Sounds**
*See sound selection switch for choice.
**Sound selection switch must be on in position 1.
lock
unlock
Safety Pin slide sideways to lock or unlock
Use coin edge or screwdriver to slide battery cover
OPEN
Reset button
Use 2 x AAA Alkaline batteries Please observe correct polarity when replacing batteries
2xAAA
ALKALINE
Combination Selection Switch
Slide to:
S For Sound/s only
V&S For Sound/s and vibration
V For Vibration only
Sensor locking socket
For 8 sound choice
Only switch position 1 must be on (rest in off position)
Single sound selection switch use a very small screwdriver or paper clip to activate switch - (be careful)
On
Off
Sound Selection Switch
Use Alkaline batteries ONLY